



2021  
*Winter*

The City of Dayton  
Department of Recreation and Youth Services

# WE ARE OPEN!

**FITNESS ROOMS REOPEN 2/3/21 • POOLS REOPEN 2/8/21**

## HOURS OF OPERATION

**MON-FRI 8:00 am - 8:00 pm**

**937.333.8400**

**FITNESS CLASS SCHEDULE COMING SOON. THANK YOU FOR YOUR PATIENCE.**

### COVID-19 CENTER RULES

- Masks are required throughout open areas in the buildings, but not required in fitness room, pool, or during classes
- Must reserve times for the pool and fitness room
- Must practice social distancing at all times
- Do not come to the centers if you are not feeling well

### FITNESS ROOMS

**\*MUST REGISTER FOR TIME FOR FITNESS ROOM  
This allows us to maintain groups smaller than 10 people, and allow for social distancing.**

Our Fitness Rooms contain cardiovascular and strength training equipment, including treadmills, ellipticals, stationary bicycles, along with a variety of machines to strengthen and tone your body.

The center staff will take you through an orientation session prior to using the exercise equipment, including policies, procedures, fees, hours of operation and how to use the equipment properly. The Fitness Rooms are utilized by paying a daily drop-in fee or using your Annual or Monthly Pass.

PLEASE REMEMBER TO RINSE OFF BEFORE ENTERING POOLS AT OUR RINSE STATION.

BRING AS LITTLE AS POSSIBLE WITH YOU. LOCKERS WILL NOT BE AVAILABLE.

# 2021 Winter

## POOL SCHEDULE

NO GENERAL ADMISSION SWIM

**\*PREREGISTRATION FOR POOL TIME REQUIRED**  
This allows us to maintain groups smaller than 10 people, and allow for social distancing.

### LOHREY RECREATION CENTER BELMONT POOL

2366 Glenarm Ave • 937-333-3131

**MAXIMUM OCCUPANCY FOR POOL: 15**

MONDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00am - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog

WEDNESDAY/FRIDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog
3:00pm - 3:45pm	Lap/Walk/Jog
5:00pm - 5:45pm	Lap/Walk/Jog
6:00pm - 6:45pm (WED)	Aqua Zumba
6:00pm - 6:45pm (FRI)	Lap/Walk/Jog
7:00pm - 7:45pm	Lap/Walk/Jog

### NORTHWEST RECREATION CENTER DABNEY POOL

1600 Princeton Dr • 937-333-3322

**MAXIMUM OCCUPANCY FOR POOL: 20**

MONDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog

TUESDAY/THURSDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog
3:00pm - 3:45pm	Lap/Walk/Jog
5:00pm - 5:45pm	Lap/Walk/Jog
6:00pm - 6:45pm	Hydrocycling
7:00pm - 7:45pm	Lap/Walk/Jog

### COVID-19 POOL RULES

- **GENERAL ADMISSION SWIM IS NOT AVAILABLE.**
- Pre-registration is required for time periods/activities to begin at the top of the hour – registration will open 24 hours ahead of each swim period
- Patrons are encouraged to wear their swimsuits to the Rec Center – they will be directed to the pool deck at the beginning of their swim period – bypassing the locker rooms
- Showers will not be available. Patrons may change into dry clothing in the locker rooms following their swim.
- Patrons are to maintain minimum 6 feet of distance between each other
- Rinse stations will be available for patrons to rinse with water before and after swimming
- Staff will clean and sanitize frequently throughout the day and between each swim period

**GREATER DAYTON RECREATION CENTER  
FAMILY AQUATICS CENTER**  
2021 W Third St • 937-333-4732

**THE POOL AT GDRC WILL REMAIN CLOSED  
UNTIL FURTHER NOTICE DUE TO SOCIAL  
DISTANCING REQUIREMENTS**

