



Spring PROGRAM GUIDE

April 1st - May 22nd

The City of Dayton Department of Recreation and Youth Services • 937-333-8400 • 101 W Third Street
Greater Dayton Recreation Center • 937-333-4732 • 2021 W Third Street
Lohrey Recreation Center • 937-333-3131 • 2366 Glenarm Avenue
Northwest Recreation Center • 937-333-3322 • 1600 Princeton Drive



COMMUNITY EVENTS

EASTER BASKETS

Call Lohrey or Greater Dayton Recreation Center to reserve your child a FREE Easter bag. Baga are reserved and planned for children between the ages of 3 and 10. Bags MUST be reserved by 8pm on March 29th. You can pick up your bags at the center you reserved it. Pick up for GDRC will be March 31st between 5pm-7pm and Lohrey will be April 1st between 5pm-7pm.



SUMMER CAMP REGISTRATION

Begins April 6th at Lohrey or Northwest Recreation Centers. Please register at the center you'd like your child to attend. Payment is required at the time of registration. **Summer camp will be from June 7th - July 30th. Camp is \$80 per week.**



FITNESS

FITNESS ROOMS

All Centers:

M – F: 8:00 am – 8:00 pm

Drop-In Fees: Adult \$3, Youth/Senior \$2

Save money and purchase an Annual Fitness Pass, which allows unlimited visits to the fitness room and fitness classes.

GROUP EXERCISE CLASSES

Are you trying to tone and firm, or lose fat and gain muscle? Try one or more of our group exercise classes to help you meet your fitness goals. Classes are offered at the daily drop-in rate. For the best deal, purchase a fitness or combo pass for unlimited visits.



CLASS	DAY(S)	TIME	LOCATION
Pilates	M/W	7:00pm - 7:45pm	Lohrey
Chair Yoga	M/W	10:45am - 11:30am	Lohrey
Swerk	TH	6:15pm - 7:15pm	Lohrey
Zumba	M/W	6:00pm - 6:50pm	Lohrey
Yoga	M/W	6:30pm - 7:15pm	Lohrey
Hip Hop Pump	T/TH	6:30pm - 7:30pm	Northwest
Step 1	M/W	6:15pm - 7:15pm	Northwest
TRX	F	6:00pm - 7:00pm	Northwest
Track	M-F	8:00am - 8:00pm	GDRC



CLASS	DAY(S)	TIME	LOCATION
SILVER SNEAKERS CLASSIC	M/W	9:00am - 9:45am	GDRC
	T/TH	10:45am - 10:30am	Lohrey
	T/TH	10:15am - 11:00am	Northwest*
SILVER SNEAKERS BOOM	TH	5:15pm - 6:00pm	Lohrey
SILVER SNEAKERS CIRCUIT	F	10:45am - 11:30am	Lohrey



*Silver Sneakers Classic at Northwest begins April 6th.

SENIOR PROGRAMS

Senior Socials will require pre-registration and will be conducted in the largest room available to ensure social distancing requirements can be easily met. Seating will be spaced appropriately. Individual activity supplies for crafts will be placed at each seat prior to the start of the program. Registration will close one week prior to the activity.

String Art @ GDRC – Wednesday April 21st at 10:30am

Create your own design using nails and string!

Neighborhood Fun Walk @ NW – Wednesday May 19th at 10:30am

Join us for a breath of fresh air and a fun way to stretch your legs! Conclude the walk with music and refreshments at the Northwest Recreation Center!

SPORTS

Registration begins April 1st for all sports.

❖ Registration required

Call 937-333-7064 to for more information.

YOUTH SPORTS

Register at GDRC, Lohrey or Northwest Centers. First-time registrants must present birth certificates.

TINY TOTS T-BALL ❖ 3 & 4 year olds JUN. – JUL

Fee: \$25 per participant

YOUTH T-BALL ❖ 5 & 6 year olds

Fee: \$40 per Participant

Play: M/W 6:00 pm – 9:00 pm APR. – MAY

COACH PITCH ❖ 7 & 8 year olds APR. - MAY

Fee: \$40 per Participant

KID PITCH BASEBALL ❖ 9-12 year olds APR. - MAY

Fee: \$40 per Participant

GIRL'S FAST PITCH SOFTBALL SPRING LEAGUE ❖ 10-18 year olds

Select 10 • Select 12 • Select 14 • Select 16 • Select 18

Fee: \$350 per Team

Register: Now until the league is filled

Play: April 15, 2021 (weather permitting)

Kettering Field Softball Complex

All games are double headers.

YOUTH SPRING SOCCER ❖ 3-8 year olds MAY - JUN.

Fee: \$25 Tiny Tots 4U • \$40 6U & 8U

ADULT SPORTS

ADULT SOFTBALL LEAGUE ❖

Register: Now

Fee: \$370 per team (Early Bird Special)

\$395 Per Team

Play: April 15, 2021 (Weather permitting)

Kettering Field Softball Complex

The City Tournament is scheduled for August 2021.



AQUATICS

Lohrey Recreation Center
Belmont Pool
2366 Glenarm Ave • 937-333-3131

Northwest Recreation Center
Dabney Pool
1600 Princeton Dr • 937-333-3322

COVID-19 RULES

- Please remember to rinse off before entering pools at our rinse station. Bring as little as possible with you. Lockers will not be available.
- General Admission Swim is not available.
- Pre-registration is required for time periods/activities to begin at the top of the hour – registration will open 24 hours ahead of each swim period
- You are encouraged to wear your swimsuits to the Recreation Center – you will be directed to the pool deck at the beginning of your swim period – bypassing the locker rooms
- Everyone is to maintain minimum 6 feet of distance between each other

MONDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog

MONDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog

WEDNESDAY/FRIDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog
4:00pm - 4:45pm	Family Swim
5:00pm - 5:45pm	Lap/Walk/Jog
6:00pm - 6:45pm (WED)	Aqua Zumba
6:00pm - 6:45pm (FRI)	Lap/Walk/Jog
7:00pm - 7:45pm	Lap/Walk/Jog

TUESDAY/THURSDAY	
8:00am - 8:45am	Lap/Walk/Jog
9:00am - 9:45am	Aqua Fitness
10:00am - 10:45am	Lap/Walk/Jog
11:00pm - 11:45pm	Lap/Walk/Jog
1:00pm - 1:45pm	Lap/Walk/Jog
2:00pm - 2:45pm	Lap/Walk/Jog
4:00pm - 4:45pm	Family Swim
5:00pm - 5:45pm	Lap/Walk/Jog
6:00pm - 6:45pm	Hydro Cycling
7:00pm - 7:45pm	Lap/Walk/Jog

Greater Dayton Recreation Center pool is currently closed

NEW THIS SPRING!

**Private Swim Lessons
5 lessons for \$30**

Call Lohrey Recreation Center or Northwest Recreation Center to schedule your private swim lessons now! Registration begins April 1st.

- Rinse stations will be available for you to rinse with water before and after swimming
- Staff will clean and sanitize frequently throughout the day and between each swim period



City of Dayton Department of Recreation and Youth Services

937-333-8400 • www.daytonohio.gov/rys

Scan the QR code to keep up with the latest information and schedules.